

**-Entraînement 11 juin**

11/06/2023

Organiser : ASCO

[BLEU](#) [JAUNE](#) [ORANGE](#) [VIOLET](#) [VIOLET LONG](#)

**BLEU Course (1): 7 KP 2.2 km ^**

# Name	Result	Start	1. (115)	2. (116)	3. (117)	4. (118)	5. (119)	6. (120)	7. ( 31)	Finish
1. MARIUS 0	00:24:43	09:40:51	24:01:22	3 24:04:17	3 24:09:40	3 24:11:36	3 24:17:03	3 00:21:11	1 00:22:38	1 00:24:43
	BLEU		24:01:22	3 00:02:55	1 00:05:23	1 00:01:56	1 00:05:27	1		00:02:05
			00:00	00:00	00:00	00:00	00:00			00:00
2. LAURA 0	00:42:42	10:15:25	00:02:20	2 00:07:12	2 00:14:45	1 00:18:06	1 00:27:30	1 00:34:21	2 00:36:53	2 00:42:42
	BLEU		00:02:20	2 00:04:52	3 00:07:33	2 00:03:21	3 00:09:24	2 00:06:51	1 00:02:32	2 00:05:49
			-143:02	01:57	02:10	01:25	03:57		01:05	03:44
3. GISLAINE 0	00:56:08	10:16:33	00:02:03	1 00:06:47	1 00:20:33	2 00:23:45	2 00:34:28	2 00:42:34	3 00:46:21	3 00:56:08
	BLEU		00:02:03	1 00:04:44	2 00:13:46	3 00:03:12	2 00:10:43	3 00:08:06	2 00:03:47	3 00:09:47
			-143:19	01:49	08:23	01:16	05:16		02:20	07:42
<i>Ideal time:</i>			00:02:03	00:02:55	00:05:23	00:01:56	00:05:27	00:06:51	00:01:27	00:02:05

**JAUNE Course (2): 11 KP ^**

# Name	Result	Start	1. ( 35)	2. ( 86)	3. ( 89)	4. ( 97)	5. (104)	6. (105)	7. (110)	8. (111)	9. (112)	10. (113)	11. (114)	Finish
1. JONATHAN 0	00:59:05	09:55:52	00:05:20	5 00:08:15	4 00:16:02	1 00:20:02	1 00:23:31	2 00:26:46	2 00:31:15	1 00:36:38	1 00:45:28	1 00:52:27	1 00:58:02	1 00:59:05
	JAUNE		00:05:20	5 00:02:55	2 00:07:47	6 00:04:00	6 00:03:29	1 00:03:15	1 00:04:29	1 00:05:23	1 00:08:50	11 00:06:59	5 00:05:35	5 00:01:03
			00:00	00:00	00:00	00:00	00:00	00:00	00:00	00:00	00:00	00:00	00:00	00:00
2. CHLOE 0	01:09:32	09:39:29	12:04:37	13 12:07:15	13 12:13:16	13 12:16:02	13 00:21:09	1 00:26:17	1 00:32:00	2 00:45:48	6 00:58:03	9 01:03:09	3 01:08:48	3 01:09:32
	JAUNE		12:04:37	13 00:02:38	1 00:06:01	1 00:02:46	1		00:05:43	7 00:13:48	11 00:12:15	13 00:05:06	1 00:05:39	7 00:00:44
			719:17	-00:17	-01:46	-01:14			01:14	08:25	03:25	-01:53	00:04	-00:19
3. CEDRIC 0	01:09:35	09:55:49	00:06:04	8 00:10:40	6 00:17:46	5 00:22:54	6 00:30:00	9 00:35:01	9 00:39:53	9 00:45:31	5 00:54:39	5 01:02:54	2 01:08:38	2 01:09:35
	JAUNE		00:06:04	8 00:04:36	12 00:07:06	4 00:05:08	11 00:07:06	10 00:05:01	6 00:04:52	3 00:05:38	2 00:09:08	12 00:08:15	10 00:05:44	8 00:00:57
			00:44	01:41	-00:41	01:08	03:37	01:46	00:23	00:15	00:18	01:16	00:09	-00:06
4. AGNES 0	01:11:32	09:35:28	00:05:46	7 00:09:10	5 00:16:27	2 00:20:12	2 00:25:57	5 00:31:35	5 00:38:09	6 00:49:23	7 00:56:11	6 01:04:01	4 01:10:25	6 01:11:32
	JAUNE		00:05:46	7 00:03:24	6 00:07:17	5 00:03:45	5 00:05:45	7 00:05:38	11 00:06:34	9 00:11:14	9 00:06:48	5 00:07:50	7 00:06:24	13 00:01:07
			00:26	00:29	-00:30	-00:15	02:16	02:23	02:05	05:51	-02:02	00:51	00:49	00:04
5. PIERRE 0	01:11:36	09:55:58	00:04:46	3 00:07:52	2 00:18:27	8 00:22:53	5 00:27:44	6 00:32:44	6 00:38:20	8 00:44:46	2 00:52:05	2 01:04:27	7 01:10:03	4 01:11:36
	JAUNE		00:04:46	3 00:03:06	4 00:10:35	12 00:04:26	7 00:04:51	3 00:05:00	5 00:05:36	6 00:06:26	3 00:07:19	7 00:12:22	12 00:05:36	6 00:01:33
			-00:34	00:11	02:48	00:26	01:22	01:45	01:07	01:03	-01:31	05:23	00:01	00:30
6. ANGELE 0	01:11:39	09:56:00	00:04:50	4 00:07:54	3 00:18:18	7 00:23:04	8 00:27:47	7 00:32:52	7 00:38:10	7 00:45:09	4 00:52:13	3 01:04:42	9 01:10:08	5 01:11:39
	JAUNE		00:04:50	4 00:03:04	3 00:10:24	10 00:04:46	9 00:04:43	2 00:05:05	7 00:05:18	5 00:06:59	5 00:07:04	6 00:12:29	13 00:05:26	4 00:01:31
			-00:30	00:09	02:37	00:46	01:14	01:50	00:49	01:36	-01:46	05:30	-00:09	00:28
7. JEANNE 0	01:11:41	09:56:00	00:04:36	2 00:07:45	1 00:18:13	6 00:22:58	7 00:27:52	8 00:33:03	8 00:38:04	5 00:44:56	3 00:52:17	4 01:04:31	8 01:10:33	7 01:11:41
	JAUNE		00:04:36	2 00:03:09	5 00:10:28	11 00:04:45	8 00:04:54	4 00:05:11	9 00:05:01	4 00:06:52	4 00:07:21	8 00:12:14	11 00:06:02	10 00:01:08
			-00:44	00:14	02:41	00:45	01:25	01:56	00:32	01:29	-01:29	05:15	00:27	00:05
8. THOMAS 0	01:11:46	10:00:06	00:06:40	10 00:11:07	7 00:17:18	4 00:20:17	4 00:25:37	3 00:29:30	4 00:36:13	3 00:51:00	8 00:57:25	7 01:04:13	5 01:10:35	8 01:11:46
	JAUNE		00:06:40	10 00:04:27	8 00:06:11	3 00:02:59	2 00:05:20	5 00:03:53	3 00:06:43	11 00:14:47	12 00:06:25	4 00:06:48	4 00:06:22	12 00:01:11
			01:20	01:32	-01:36	-01:01	01:51	00:38	02:14	09:24	-02:25	-00:11	00:47	00:08
9. FLORENT 0	01:11:50	10:00:04	00:06:37	9 00:11:12	9 00:17:17	3 00:20:16	3 00:25:37	3 00:29:28	3 00:36:17	4 00:51:12	9 00:57:32	8 01:04:18	6 01:10:39	9 01:11:50
	JAUNE		00:06:37	9 00:04:35	11 00:06:05	2 00:02:59	2 00:05:21	6 00:03:51	2 00:06:49	12 00:14:55	13 00:06:20	3 00:06:46	3 00:06:21	11 00:01:11
			01:17	01:40	-01:42	-01:01	01:52	00:36	02:20	09:32	-02:30	-00:13	00:46	00:08
10. MARIE 0	01:15:08	09:56:03	00:04:16	1 00:11:07	7 00:19:56	9 00:26:20	11 00:32:14	10 00:36:46	10 00:41:23	10 00:54:20	10 01:02:03	12 01:09:32	13 01:14:03	12 01:15:08
	JAUNE		00:04:16	1 00:06:51	13 00:08:49	9 00:06:24	13 00:05:54	8 00:04:32	4 00:04:37	2 00:12:57	10 00:07:43	9 00:07:29	6 00:04:31	1 00:01:05
			-01:04	03:56	01:02	02:24	02:25	01:17	00:08	07:34	-01:07	00:30	-01:04	00:02
11. LAURE 0	01:15:22	10:46:02	00:07:39	12 00:12:10	11 00:20:42	10 00:25:33	9 00:36:04	12 00:42:35	13 00:48:24	13 00:57:06	12 01:00:38	10 01:08:36	10 01:13:58	10 01:15:22
	JAUNE		00:07:39	12 00:04:31	10 00:08:32	7 00:04:51	10 00:10:31	12 00:06:31	13 00:05:49	8 00:08:42	7 00:03:32	1 00:07:58	9 00:05:22	2 00:01:24
			02:19	01:36	00:45	00:51	07:02	03:16	01:20	03:19	-05:18	00:59	-00:13	00:21
12. GABY 0	01:15:28	10:46:00	00:07:38	11 00:12:07	10 00:20:46	11 00:26:07	10 00:36:08	13 00:41:25	12 00:48:01	12 00:57:07	13 01:00:41	11 01:08:38	11 01:14:01	11 01:15:28
	JAUNE		00:07:38	11 00:04:29	9 00:08:39	8 00:05:21	12 00:10:01	11 00:05:17	10 00:06:36	10 00:09:06	8 00:03:34	2 00:07:57	8 00:05:23	3 00:01:27
			02:18	01:34	00:52	01:21	06:32	02:02	02:07	03:43	-05:16	00:58	-00:12	00:24
13. STEPHANIE 0	01:17:00	09:38:04	12:05:30	14 12:08:58	14 00:24:23	12 00:27:56	12 00:34:26	11 00:40:49	11 00:47:38	11 00:55:27	11 01:03:22	13 01:09:25	12 01:15:22	13 01:17:00
	JAUNE		12:05:30	14 00:03:28	7		00:06:30	9 00:06:23	12 00:06:49	12 00:07:49	6 00:07:55	10 00:06:03	2 00:05:57	9 00:01:38
			720:10	00:33			03:01	03:08	02:20	02:26	-00:55	-00:56	00:22	00:35
ALBERT 0	DQ	10:17:33	00:05:24	6 00:12:34	12									DQ
	JAUNE		00:05:24	6 00:07:10	14									
			00:04	04:15										
<i>Ideal time:</i>			00:04:16	00:02:38	00:06:01	00:02:46	00:03:29	00:03:15	00:04:29	00:05:23	00:03:32	00:05:06	00:04:31	00:00:44

**ORANGE Course (3): 14 KP ^**

# Name	Result	Start	1. ( 68)	2. ( 32)	3. (104)	4. (105)	5. (102)	6. (106)	7. (107)	8. (101)	9. ( 33)	10. (103)	11. ( 97)	12. ( 34)	13. ( 68)	14. ( 35)	Finish
1. NICOLAS G 0	01:04:48	09:43:01	12:06:15	6 12:11:45	6 12:13:39	6 00:18:09	1 00:24:44	1 00:31:04	3 00:33:06	1 00:36:07	1 00:42:08	1 00:45:01	1 00:48:46	1 00:53:16	1 00:56:51	1 01:00:08	1 01:04:48
	ORANGE		12:06:15	6 00:05:30	1 00:01:54	1		00:06:20	6 00:02:02	1 00:03:01	1 00:06:01	1 00:02:53	1 00:03:45	1 00:04:30	1 00:03:35	1 00:03:17	3 00:04:40
			00:00	00:00	00:00			00:00	00:00	00:00	00:00	00:00	00:00	00:00	00:00	00:00	00:00
2. ETIENNE 0	01:22:05	10:14:20	00:07:10	2 00:14:02	1 00:17:24	1 00:21:50	2 00:27:30	2 00:30:51	1 00:34:57	2 00:39:33	2 00:47:35	2 00:53:52	2 00:58:48	3 01:08:11	2 01:12:58	2 01:16:50	2 01:22:05
	ORANGE		00:07:10	2 00:06:52	2 00:03:22	3 00:04:26	2 00:05:40	3 00:03:21	1 00:04:06	6 00:04:36	2 00:08:02	3 00:06:17	4 00:04:56	3 00:09:23	5 00:04:47	4 00:03:52	5 00:05:15
			-719:05	01:22	01:28		-00:55	-02:59	02:04	01:35	02:01	03:24	01:11	04:53	01:12	0	

VIOLET Course (4): 16 KP ^

Table with columns: # Name, Result, Start, 1.(35), 2.(68), 3.(86), 4.(89), 5.(97), 6.(98), 7.(33), 8.(103), 9.(105), 10.(106), 11.(109), 12.(110), 13.(111), 14.(112), 15.(113), 16.(114), Finish. Rows include athletes like RODOLPHE, ZELIE, VALENTIN, CARO, CELINE, JORDAN, BAPTISTE, ANTHONY, JEAN-MICHEL, LOUIS, VESNA and an 'Ideal time' row.

VIOLET\_LONG Course (5): 19 KP ^

Table with columns: # Name, Result, Start, 1.(35), 2.(68), 3.(86), 4.(89), 5.(97), 6.(98), 7.(33), 8.(100), 9.(101), 10.(102), 11.(106), 12.(107), 13.(108), 14.(109), 15.(110), 16.(111), 17.(112), 18.(113), 19.(114), Finish. Rows include athletes like NICOLAS B, ERIC, DAVID, GREGORY, DANIEL, ANNESO, MORGANE, NICOLAS L, CELESTIN, SIMON, ESTEBAN and an 'Ideal time' row.